

SCHEDULE OF DAILY ACTIVITIES
FULL AND EXTENDED DAY PROGRAMS FOR PRESCHOOL

TIME	ACTIVITY	DESCRIPTION
07:00 AM 08:00 AM	Classroom	Arrival, Greeting and Free Choice (puzzles, easel, table activity, books, etc.)
08:00 AM 09:00 AM	Breakfast	Children are offered breakfast, wash hands, set tables and eating. Children who had breakfast can do a quiet activity.
09:05 AM 09:45 AM	Outdoors Playtime	Children exercise motor skills, play outdoors, ride trikes, play on slides and play structure.
09:45 AM 10:30 AM	Indoors Circle Time	Come Inside, use restroom and wash hands. Children sing songs, participate in a learning activity, group games, and practice counting & language skills.
10:35 AM 11:00 AM	Music & Movement	Children gain practice in large motor skills through movement activities to a variety of music. Children focus on large muscle and social skills. Stretching exercise, Singing, learning the concept of rhythm.
11:05 AM 11:30 AM	Small Group Activity	Children participate in a teacher directed writing, language, and math or science project geared towards problem solving or deductive reasoning.
11:35 AM 11:50 AM	Story Time	Book of the Day is read out before Lunch. Children use restroom and wash hands before Lunch.
11:55 AM 12:25 PM	Lunch	Children practice good table manners, naming food as they eat their lunch. Children also learn what is considered appropriate and inappropriate table discussions.
12:25 PM 02:15 PM	Nap	Soft music is played as children rest quietly on their mats. Children listen as they fall asleep. Children not needing rest are offered quiet activities to do during this time.
02:25 PM 02:50 PM	Wake Up & Snack	Children wake up, use restroom, wash hands and have snacks.
02:55 PM 03:25 PM	Project Time	Children engage in various art activities, cooking activities, science, literacy, and math, activities, computer, blocks, dramatic play, etc. Children Put shoes on and get ready to go outside.
03:30 PM 04:30 PM	Outdoor Time	Children exercise motor skills, play outdoors, ride trikes, play on slides and play structure.
04:30 PM 05:10 PM	Child directed Activities	Child directed activities (development of social/Emotional, cognitive, motor and Language skills)
05:15 PM 05:55 PM	Last Circle & Free Choice	Last Circle of the Day. Children focus on large muscle and social skills. Group games are offered during this time. Children select their own areas of play, blocks, discovery, puzzles, picture books etc.
05:55 PM 06:00 PM	Quiet Activities Departure	Departure, Go Home